

Getting to know the Authors of



Soul Whispers II

Secret Alchemy of the Elements in Soul Coaching



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SWP: What do you do to unwind and relax?

To relax I take a daily walk with Gabi, my 77 pound golden doodle who is my muse. I also participate in yoga classes, garden, meditate and have been known to occasionally paint a wall or two to gather my thoughts.

SWP: How has your upbringing influenced your writing?

My parents were and continue to be extremely supportive of all that the three of us do; we are blessed in that way. We grew up in a love-filled, laughter-filled home that was our safe haven to explore our dreams. My writing is greatly influenced by that support... knowing that what we all have to say is valid and worthwhile.

SWP: Who or what influenced your writing once you began?

Since my chapter revolves around the angelic realm, I must recognize them as the true writers of the chapter. I simply responded to their cues and let my fingers do the walking!

SWP: Why did you choose to write this particular chapter?

Being a certified Soul Coach and Archangel Enlightenment Therapist, the chapter I wrote for *Soul Whispers II* was an easy melding of the two things I love most.

SWP: Is there a message in your chapter that you want readers to grasp?

Believe in yourself. You deserve everything you desire.

SWP: Can we expect any new writing from you in the future?

I am a contributing author in *Angel's Whispers* coming out in 2011 from Soul Wings Press. Also, I have found an agent for my personal book, *The GABI Life ~ Bring joy, love and grace back to daily living through the wisdom of a dog* and hope to have it published also in the year 2011.

SWP: Do you have any specific last thoughts that you want to share with your readers?

Life is a glorious journey. Simply enjoy the ride and step through the doors as they are opened. We don't always know what is on the other side, but if you are following your heart, you will not be led astray.

SWP: Where can we purchase the book?

You can order the book from my website at <http://angelchatter.com/shop/books>