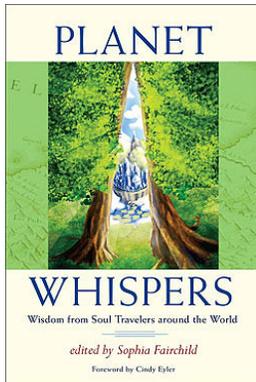




Getting to know the Authors of

Planet Whispers

Wisdom from Soul Travelers around the World



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SWP: Have you always lived where you live now?

As I mention in my chapter 'Water's Edge', I was born and raised in Lebanon, Oregon. After staying close to home for the first 18 years of my life, I journeyed 50 miles northeast to Mount Angel, Oregon where I attended Mount Angel College for 4 years, graduating with a Bachelor of Science Degree. After college, I expanded my horizon of the planet and traveled to California and Hawaii. While in Hawaii I joined the officer-training program of the United State Air Force as a Staff Sergeant. Once the officer-training program was completed at Lackland Air Force Base in San Antonio, Texas, I was assigned to Kessler Air Force Base in Biloxi, Mississippi as an Administration Management Officer.

While at Kessler AFB, I married and put in a transfer to be with my husband, who was discharged from the military. The transfer was to Lowry Air Force Base in Denver, Colorado. After completing my tour of duty with the Air Force at Lowry, my husband and I moved to Sunnyvale, California for about three years and then a company transfer brought us back to Loveland, Colorado where we settled making a few interstate moves as I now reside in Westminster, Colorado. Each move began, ended or extended a chapter in my life on this beautiful planet.

SWP: How has your upbringing influenced your writing?

I would say that my upbringing influenced my writing in an indirect way. Growing up with five other siblings, I found myself alone a great deal observing and expressing myself with pen in hand on paper or in a journal.

SWP: Do you recall how your interest in writing originated?

My interest in writing originated as I strove to sort through the many thoughts and feelings that filled my head. It seems as though I have been on a quest to understand and learn from within how my life experiences connect with this thing called 'Life' on 'Planet Earth.' By journaling or putting my mental activity into writing, I have discovered clarity in the impressions and introspections, as well as a sense of freedom, knowing that I can revisit the words on paper whenever I wish.

SWP: What inspired you to write your chapter for *Planet Whispers*?

I was inspired to write my chapter 'Water's Edge' for Planet Whispers by a fellow author in this anthology - Judy Ward. I responded to her invitation and borrowed her faith in my writing abilities to share my journey with you. Thank you, Judy, for believing in me.

SWP: Have you ever had writer's block? If so, what do you do about it?

Yes, In fact, I found myself experiencing writer's block in a big way as I wrote my chapter 'Water's Edge'. After struggling and getting nowhere fast, with the deadline getting closer and closer, I finally put my ego in my back pocket, swallowed my pride and asked for help. I emailed Sophia, the editor, and mentioned that while doing other things ideas flowed easily and yet when I went to write them down—nothing flowed through the pen or fingers at the keyboard—thoughts and ideas evaporated instantly.

Sophia explained the classic 'writer's ego' and the ways to acknowledge it - by presenting me with 10 ways to 'trick' the writer's ego in order to get the first draft completed. The suggestions that helped me the most were: that the first draft doesn't have to be *good*, the important thing is to get something down on the page, and to stay focused on servicing and benefiting the reader through the message shared. Her words of encouragement and clarity allowed me to ride the waves in expressing myself. It was fun to give myself permission to do it badly and just go for getting words on the page, knowing that the flow of words would come, creating a valuable message for the reader. I rode the breaker waves right through the block, and each stage of the editing process came with greater ease.

SWP: Is there a message in your chapter that you want your readers to grasp?

Yes, I want my readers to grasp or understand that the message in my chapter 'Water's Edge' is written from my heart to their heart. Only my readers know the message or gift that is meant for them as they read along and feel through the journey that I share with them. I ask my readers to feel the account with an open heart, mind and soul to receive the inner message for their soul that only they can grasp and know.

SWP: Are you reading any interesting books at the moment?

Yes: The Field, The quest for the secret force of the universe by Lynne McTaggart; How to Know God by Deepak Chopra; Battlefield of the Mind by Joyce Meyer; A Woman God Can Use by Alice Mathews; The Gospel of Mary Magdalene by Jean-Yves Leloup and Joseph Rowe; Jesus, A New Revelation, Published by Michael Foundation, Inc.

SWP: Where do you see yourself in five years?

I see myself continuing to write and sharing my life experiences through stories that stir within the reader's insightfulness, courage and soulful instinctive knowingness.

SWP: Do you have any specific last thoughts that you wish to share with your readers?

The specific last thoughts that I wish to share with my readers is that I am grateful that you have read my chapter 'Water's Edge' in Planet Whispers. I want to acknowledge each and every one of you as being precious, kind, and a divine expression of joy, peace, and light. Enjoy your magnificence and soar to unstoppable accomplishments in your life journey as you glean information from this chapter, this book and others along your path of enlightenment.

SWP: Where can we purchase the book?

You can purchase the book by emailing me at jpcandoit@mac.com