



Getting to know the Authors of

Soul Whispers III

Soul Wisdom for Living the Life of Your Dreams



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SWP: Tell us a bit about your background.

One thing that I think most would find interesting about me is that I am a second generation Belly Dancer. This dance and the community of women it builds has really been a way of life for me since I could remember. It wasn't until the birth of my first child that I truly understood the gifts this dance has to offer women. I had taught through my pregnancies and used these movements through my labors. This dance form is absolutely the most amazing way to embrace the divine feminine and I just love the smiles it brings to women. This shift I have witnessed in women time and time again during an hour of dance, is what put me on the path that eventually led me to Soul Coaching®; making it my mission in life to raise the level of joy, acceptance and connection with ourselves and each other.

SWP: Do you recall how your interest in writing originated?

I honestly don't know why I had the notion to write, though I did discover that writing brought me closer to my truth. And there seems to be a voice inside, that truth that wants to share my experiences and insights in hopes that they will touch, inspire, and validate someone on a soulful level. Even if it is just one person, then I have made this world a better place.

SWP: Who or what influenced your writing once you began?

A great friend of mine gave me some great advice when I was in the muck of my judgments about my chapter. I was feeling overwhelmed and insecure. I called upon my dear friend to help me through this block because he has published several books himself and thought he would have wise insight, which he did. He simply told me to place one chair in front of me and to visualize one person sitting there. "Now, just tell your story to that one person", he said, "write for them." "Do not write for the approval of the masses, your husband, your editor, or your own expectations... just write to that one person." I did just as he said, and that was all I needed to get over the pressures of wanting to write a perfect masterpiece.

SWP: Did you learn anything from the process of writing your chapter?

One thing that I learned while writing this chapter, was that when I had let go of my judgments and had allowed myself to just enjoy the process of writing, then my words were given the freedom to flow. Also, a little pressure from a deadline helped me to put my writing into action. In the future I think that it will be important for me to set dates and appointments with myself to stay in this momentum... I have so many more stories I want to share.

SWP: What books have most influenced your life?

Denise Linn's book *Sacred Space* changed the course of my life's path. This book was required reading for my certification in Feng Shui and I will never forget the feeling I got when I started to read it on the plane flying to my classes in New Hampshire. It was like I was having an out of body experience,

sitting there on the plane surrounded by strangers, far from home, but enveloped with a warmth from a home my soul longed for. I felt as if I had already known her and that she “got me, understood me”. This pivotal moment shifted my trajectory. About two years later, I found myself at Summerhill Ranch propelling myself into a new flow and being in life. Quite literally my life has never been the same since I read *Sacred Space*. Hmm, quite amazing what one book and one moment in time can do... that is what I love most about life!

SWP: Do you have any specific last thoughts that you wish to share with your readers?

I have lots of thoughts, but if I were to leave you with one last thought, it would be that you can do it too!!! Dream big, stay true to your spirit, and don't forget to listen to the whispers! Sending you oodles of love!!!

SWP: Where can we purchase the book?

www.linneajewett.com