

Getting to know the Authors of



Soul Whispers II

Secret Alchemy of the Elements in Soul Coaching



Misasha ~ Canada

thesagespirit@gmail.com

SWP: Where are you from?

When asked “where are you from?” I usually say: “I carry a Canadian passport.” The ‘estate-saga’ which I wrote about in *Soul Whispers I* made it necessary to sell my 3 bedroom townhouse in Woodstock (no not New York) Ontario, Canada.

SWP: How has your upbringing influenced your writing?

I have always loved reading, animals and nature. Being raised in the country on fertile and generously abundant land I communed with and learned to love nature. An unabashed people-watcher, I saw integrity and other positive life values being

role modeled by my parents - values to embrace and share.

SWP: What is your favorite quote, by whom, and why?

Shakespeare said “This above all: *to thine own self be true*. And it must follow as the night the day, Thou canst not then be false to any man.” My legal-sagas have presented immense opportunity to delve into the deepest recesses of my many selves. In so doing, I recognized, reinforced, and, solidified life-values that cannot, and that will not be compromised. Whew! What an adventure; and the *dust* has not yet settled!!

SWP: What are you most proud of accomplishing so far in your life?

Raising two caring, capable and conscientious human beings; and standing firm against injustice.

SWP: What inspires you to write and why?

Lessons learned, peoples met, places visited. Stories that are just too good to keep to oneself!

SWP: When and why did you begin writing?

The catalyst was the estate-saga. I’ve always known I had a few books in me. Stories of peoples met and lessons experienced. e.g. being invited into the backroom of a shop in Cusco, Peru by a shamana (female shaman)...aarrgghhhh!

SWP: What are your thoughts on being part of this anthology of writers?

It’s an honor to be amongst such bright lights!

SWP: What inspired you to write your chapter for Soul Whispers II?

An unfinished true-life saga that began in *Soul whispers I*.

SWP: How did you come up with your title?

I view life as a *crucible* within which one has the opportunity to transform; much as alchemists of times past attempted to do with base metal. Yes, I am a philosopher at heart.

SWP: Are you reading any interesting books at the moment?

Yes: *This is Your Brain on Joy* by Dr. Earl Henslin.

SWP: Can we expect any new writing from you in the future?

Absolutely! I've acquired a wealth of 'book-fodder' from the trials (literally) and tribulations (those in gifted positions who have misused that gift). It's all about honesty, integrity and congruent-communication.

SWP: Where do you see yourself in five years?

I will have resurrected, completed, and be globally promoted my documentary film project set in Peru.

SWP: Do you have any specific last thoughts that you want to say to your readers?

Follow and *flow with your dreams*. – let no one *ever* rain on your parade! Remember, as Denise Linn teaches “where intention goes energy flows.”

SWP: If you could leave your readers with one bit of wisdom, what would that be?

Truth may take some time in revealing itself. BUT, fear not for Light will overpower darkness!

SWP: Where can we purchase the book?

To order *Soul Whispers II*, you can contact me at thesagespirit@gmail.com