

Getting to know the Authors of



Soul Whispers II

Secret Alchemy of the Elements in Soul Coaching



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SWP: Have you always lived where you live now?

No, as a matter of fact I recently moved to Shelburne Falls in Massachusetts. This is a lovely village two hours west of Boston and I ended up there because I was doing an empowerment program for woman last year and while staying longer to get to know the area better, I fell in love with it. This summer I decided to leave Los Angeles after having lived there for 6 years. I packed my stuff and drove my car cross country. It was not as big of a move as I did 7 years ago when I left my

home country, The Netherlands, to move out to Los Angeles.

SWP: When and why did you begin writing?

This hasn't happened that long ago. I never really liked writing and always felt it was too much work but after my divorce, about two years ago, I was referred to a woman in LA who taught creative writing classes. She did this in such a nice and safe environment at her home in Hollywood with three other women. I had felt very insecure in the beginning because English is not my first language. I still remember that first day and how I thought that nothing would ever appear on that piece of paper that I had in front of me. The assignment was to write about something of impact that had happened in my younger years. I stared at the piece of paper for about ten minutes and all of a sudden I started writing. When I had to read it out loud to the group and they all gave me compliments afterwards; I had surprised myself. Ever since I've used writing to release a lot of stories that I've told myself over all these years and I've decided to keep doing this in the hope that these stories can be helpful to and inspire other people.

SWP: What inspired you to write your chapter for Soul Whispers II?

Something magical that had happened and I took that experience as a sign to do something creative with it that could be used as an inspiration for others. I knew it right away when some of us Soul Coaches were approached to become authors for the book Soul Whispers II that this was the right place to use it. When I was working as a preschool teacher I had written a story for the children about a caterpillar that had changed into a butterfly. I had been thinking about making a book out of it and I started looking for someone who could make the illustrations for the book. My mother is an artist and I thought it would be a nice idea to create something together with her. I decided to send her the text in an e-mail. A few days later I received an e-mail from someone else with a picture attached of a huge crop circle in the shape of a butterfly that had appeared in The Netherlands, only an hour away from where my parents live. The butterfly represents "transformation" for me and that is the theme I've used for my chapter.

SWP: How did you come up with your title?

My transformation process started when I felt that the time had arrived that I wanted change in my life. I had bought the Archangel Oracle Cards from Doreen Virtue and was playing with them. I asked the question: What is your message for me today and I pulled the card "Spread your wings." This turned out to be a perfect title for my chapter

SWP: What are your current writing projects now?

I'm still working on my butterfly story and have decided that I'd like to publish this as a picture book with a story for all ages. I'd like to continue doing that and already have some ideas for other picture books.

SWP: If you could leave your readers with one bit of wisdom, what would you want it to be?

Live your life to the fullest and practice what you love to do. Believe in yourself and in an abundant universe that can make things happen!

SWP: Thank you!

You can order the book by contacting Petra at www.petranella.info