

Foreword



I'm sitting with my knees huddled tight against my chest. Out the window the sky is grey and threatening, and trees are thrashing violently back and forth. As I watch from the safety and warmth of my home, a wild wind careens through the valley that we live in. The big storm of the year has just started. Newscasters have been predicting this storm for the last week and warning to prepare for potential power outages. Branches of our 400-year-old oak trees are breaking and crashing down to the earth, as a piercing, cold rain is pounding the plants in my garden into a soggy, flattened heap of vegetation. The wind sounds like the howling banshees from the horror movies of the '50s.

And I'm celebrating . . . like crazy!

Why?

I'm delighted for a number of reasons. This downpour means the drought here is over. The rain that is now hammering our home— Summerhill Ranch—means that our plants will thrive through the dangerous heat of the coming summer months. This storm also means that the fire hazard here in the Central Coast of California will be diminished. (During drought years, fires sweep across the parched land here with a frightening fury.) Additionally, our water table is renewed so we don't have to worry about our well going dry.

I'm also exhilarated for another reason. Right before the storm hit, I finished reading this incredible collection of personal experiences and valuable information from Soul Coaches™ around the world, which you now hold in your hands. I was astounded at the width and depth of the journeys that these intrepid women have had in their Soul Coaching® profession. Their experiences range from a Buddhist retreat in the highlands of Thailand, to a Faery Quest in the Northwest wilderness, to a corporate training “with soul” in England, to past life journeys in the Scottish moors, to corporate executive miracles in Silicon Valley, to a “bad girl” rocking out in Toronto . . . and everything in between.

The sincerity, compassion and love that these women share in these journeys touches my heart more than words can express. It is said that it's a poor teacher

whose students do not surpass his or her teachings; hence I must *not* be a poor teacher because these women have all gone beyond what I taught them in my professional certification Soul Coaching® course. They each bring a remarkable level of balance and joy into the world with their clients and students and it is a joy to read their experiences.

Well, the tempest is over, the skies aren't quite blue just yet but there's the freshness and vitality in the air that always accompanies the end of a squall. Just as this storm has refreshed the land, so each of these stories has refreshed my heart. It was a splendid gift for Soul Coach™ Sophia Fairchild to take such care to compile and edit these stories and to breathe spirit into this entire project.

It's an honor to be in this sacred circle of Soul Coaches™. I'm sure you will enjoy reading this collection of writings by professional Soul Coaches™ from all over the globe, as much as I have. Through their many voices, it's my wish that you too may hear the whispers from your soul!

Shimmering blessings,
DENISE LINN
Founder of Soul Coaching®