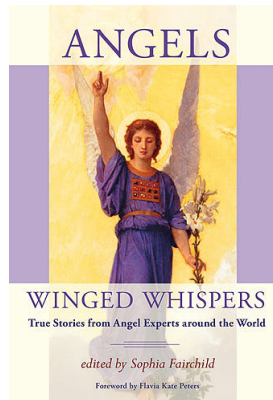




Getting to know the Authors of

Angels: Winged Whispers

True Stories from Angel Experts around the World



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SWP: Tell us a bit about your background.

I've had a meandering career in the media, working first as a television news anchor and reporter, then as an award-winning newspaper reporter. I look forward to combining my communication skills with my healing abilities to help others live a fully charged life.

SWP: What brings you the greatest joy in life?

My children are the loves of my life, and the growth I've experienced as I've parented them has been more gratifying than any grad school experience. I snuggle them at night, soaking in love and joy, marveling at the miracle of life, filled with gratitude for their presence in my life.

SWP: What are you most proud of accomplishing so far in your life?

I'm proud of the fact that I'm pursuing my medical education, despite the fact that I'm a middle-aged, divorced parent with every reason to hold a stable -- but uninspiring -- job. It's easy to hunker down and just survive while your life slowly slips away. But to take a risk and follow your heart? That takes courage. People ask me how I "do it," and the truth is, I have no idea! I just keep showing up, day after day; and bit by bit, I'm achieving my goals. Soon I'll be able to help others the way I've always wanted.

SWP: When did you first know you could be a writer?

When I was a child, books were my very best friend. I would open the pages and just fall inside of the story, surrounding myself with visions and ideas and emotions of another world. I read voraciously -- science fiction, historic fiction, non-fiction, magazine articles. My love for words and expanded vocabulary earned me the moniker "The Walking Dictionary" in fourth grade. Looking back, I realize that good readers naturally become good writers; and even as an elementary school student, I had a knack for spinning a yarn.

Sadly, however, I spend most of my time resisting the urge to write. Nowadays, the only time anything makes it onto paper is when the words grip me by the throat and absolutely, positively refuse to release their grip. It's a survival mechanism.

SWP: What inspired you to write your chapter for *Angels: Winged Whispers*?

I often joke that the voices in my head drive me to write, but in a way, it's true. When I wrote "The Butterfly Keeper," I was overcome with emotion and the words flowed fast and thick; I was compelled to sit down and birth the story. I literally had no choice but to release it into the world. And that's what

writing is like for me -- a feeling moves through me and the words just come. Holding them within is almost painful, and resistance is futile.

SWP: Who or what influenced your writing once you began?

I believe "The Butterfly Keeper" was part channeled work, part psychotherapy, and all pure gift from Spirit. Whenever I write, I channel the feelings that move through me and just write the words that flow like water through my brain.

Is this the work of the angels? Of the divine? Of my subconscious?

Probably all three.

But the bottom line is I try not to think about it too much. Because as wu-wu as I am, I am also a grounded student of science, and it makes me feel a little crazy to think about it too much.

SWP: Did writing this chapter teach you anything?

The act of writing is involuntary for me. On the other hand, publishing is a choice. The act of sharing my personal experiences -- of putting them in a book and opening myself up to criticism -- is very scary. White-knuckle scary. So yeah, writing this chapter taught me something: I'm brave. Or maybe I love sharing what the angels say more than I love my pride or want to hide.

SWP: What was the hardest part about writing this chapter?

The hardest part about writing this chapter was riding the wave of grief that came up as I wrote it. I still cry, every time I read the chapter. Death is crappy. It's hard. It's sad and terrible and tragic. And even though I believe that life goes on, I still struggle with the very human emotions of anger and grief.

SWP: Is there a message in your chapter that you want your readers to grasp?

Life goes on. Love continues forever. Our loved ones never truly leave us. And all things are in divine order, whether they seem to be or not.

SWP: Can we expect any new writing from you in the future?

Absolutely! I am writing a book about attending oriental medical school. Since I really resonate with the Eastern medical model, I am thoroughly enjoying the process. But as I study the basics, I am absolutely amazed at how different Chinese medicine is from Western medicine. As an American, it blows my mind. And some days, it's hi-freakin-larious.

SWP: Where do you see yourself in five years?

In five years, I'll almost be done obtaining my doctorate in Oriental Medicine. I hope to be doing research and doing everything possible to bring Eastern medicine to ordinary Americans.

SWP: If you could leave your readers with one bit of wisdom, what would that be?

Be brave.

No; be more than brave! Be bold!

If you still have a pulse, then you're not too old to write that book, earn that degree, get that dream job, find the love of your life, or anything else you can possibly dream of.

Goethe once wrote, "What ever you do, or dream you can, begin it. Boldness has genius, power and magic to it."

You are alive.

Act like it.

SWP: Where can we purchase the book?

Americans can obtain the book by sending me an e-mail at angelgalwendy@yahoo.com